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Abbreviations

The following abbreviations are used in this report:

AIHW	Australian Institute of Health and Welfare
ALCO	Anonymous Fighters Against Obesity (Argentina)
BMI	body mass index
BMR	basal metabolic rate
CHD	coronary heart disease
CHNS	China Health and Nutrition Survey
CHO	carbohydrate
CINDI	community interventions in noncommunicable diseases
CVD	cardiovascular disease
DALY	disability-adjusted life-year
DEXA	dual-energy X-ray absorptiometry
ENDEF	National Study of Family Expenditure (Brazil)
EPI	Expanded Programme on Immunization
EPOC	excess post-exercise oxygen consumption
FDA	Food and Drug Administration (USA)
HCG	human chorionic gonadotropin
HDL	high-density lipoprotein
HMR	health management resources
HPA	hypothalamic–pituitary axis
IGT	impaired glucose tolerance
INTERHEALTH	Integrated Programme for Community Health in Noncommunicable Diseases
INTERSALT	International Cooperative Study on the Relation of Blood Pressure to Electrolyte Excretion in Populations
IOTF	International Obesity Task Force
LDL	low-density lipoprotein
LDL-apoB	low-density lipoprotein apolipoprotein B
LMS	least mean square
LPL	lipoprotein lipase
MONICA	Monitoring of trends and determinants in cardiovascular diseases (WHO MONICA study)
NCD	noncommunicable disease
NCHS	National Center for Health Statistics (USA)
NEFA	non-esterified fatty acid
NHANES	National Health and Nutrition Examination Survey (USA)
NHES	National Health Examination Survey (USA)
NHMRC	National Health and Medical Research Council
NIDDM	non-insulin-dependent diabetes mellitus
NNS III	Third Nationwide Nutritional Survey in China (1992)
OA	Overeaters Anonymous
PAF	population-attributable fraction

PAL	physical activity level
PNSN	National Survey on Health and Nutrition (Brazil)
POP	Pound of Prevention
REDP	reduced-energy diet programme
RMR	resting metabolic rate
RR	relative risk
SBW	standard body weight
SHBG	sex hormone-binding globulin
SOS	Swedish Obese Subjects
SSRI	selective serotonin reuptake inhibitor
STD	sexually transmitted disease
TEF	thermic effect of food
TOPS	Taking Off Pounds Sensibly
VLCD	very-low-calorie diet
WHR	waist : hip circumference ratio or waist : hip ratio