Tobacco industry efforts to present ventilation as an alternative to smoke-free environments in North America

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Objective: To describe how the tobacco industry developed a network of consultants to promote ventilation as a “solution” to secondhand smoke (SHS) in the USA.

Methods: Analysis of previously secret tobacco industry documents.

Results: As with its other strategies to undermine the passage of clean indoor legislation and regulations, the tobacco industry used consultants who represented themselves as independent but who were promoting the industry’s ventilation “solution” strategies under close, but generally undisclosed, industry supervision. The nature of the industry’s use of ventilation consultants evolved over time. In the 1980s, the industry used them in an effort to steer the concerns about indoor air quality away from secondhand smoke, saying SHS was an insignificant component of a much larger problem of indoor air quality and inadequate ventilation. By the 1990s, the industry and its consultants were maintaining that adequate ventilation could easily accommodate “moderate smoking.” The consultants carried the ventilation message to businesses, particularly the hospitality business, and to local and national and international regulatory and legislative bodies.

Conclusion: While the tobacco industry and its consultants have gone to considerable lengths to promote the tobacco industry’s ventilation “solution”, this strategy has had limited success in the USA, probably because, in the end, it is simpler, cheaper, and healthier to end smoking. Tobacco control advocates need to continue to educate policymakers about this fact, particularly in regions where this strategy has been more effective.

Smoke-free workplaces reduce cigarette consumption by about 29% through a combination of increased cessation and reduced consumption among continuing smokers. The tobacco industry identified this serious threat to its profits in the 1970s. By 1992, Philip Morris (PM) estimated that smoke-free workplaces would increase quit rates and reduce cigarette consumption by 11–15%. In 1988 PM recognised that as many “people spend most of their smoking hours in a workplace environment, and widespread workplace restrictions would severely affect the industry” (underlined by hand in the original). The industry also realised that opposing any regulation of smoking in workplaces and public places was politically untenable, so it sought “solutions” that would continue to permit smoking with as few restrictions as possible.

Key elements of the tobacco industry’s efforts to oppose smoke-free areas included claims that the problem of secondhand smoke (SHS) was insignificant when compared to other indoor air pollutants and that it could be solved by ventilation. As with its efforts to discredit the scientific evidence that SHS was dangerous, the industry developed a network of ventilation “experts.” This paper describes five of the more prominent “experts” in North America, who were often used in other regions. The tobacco industry used these “experts” to join committees, attend conferences, influence ventilation standards, and promote ventilation solutions to workplaces, hospitality establishments, legislators, and the general public, often without disclosing their financial relationship with the industry.

METHODS
We analysed tobacco industry documents available on the internet as a result of tobacco litigation during the 1990s. This included the PM, Brown and Williamson, RJ Reynolds, Lorillard, the Tobacco Institute (TI), and the UCSF Legacy Tobacco Documents Library web sites. Searches were conducted from November 2001 to November 2002. We also used British American Tobacco documents from the Guildford depository identified in a manual search of the documents conducted in November 2001. Although promoting ventilation is a tobacco industry wide effort, most of the documents referred to in this paper come from PM.

RESULTS
The tobacco industry invested considerable resources to develop and disseminate its “ventilation solution.” As Matt Winokur, director of PM USA worldwide regulatory affairs suggested in a 1996 memo to PM’s Jack Nelson:

Longer term, we want also to be able to identify a number of experts in the field of ventilation technology. By way of analogy, these experts and their firms would do for the ventilation solution issue what Gray Robertson has been able to accomplish for the sick building issue. But while Robertson has focused on identifying the ‘problem,’ what

ABBREVIATIONS: ACVA, Air Conditioning & Ventilation Analysis; ASHRAE, American Society of Heating, Refrigeration, and Air Conditioning Engineers; BCIA, Business Council on Indoor Air; CIAR, Center for Indoor Air Research; ETS, environmental tobacco smoke; HBI, Healthy Building International; HVAC, heating ventilation and air conditioning; IAQ, indoor air quality; FACT, filtered air control technology; ORNL, Oak Ridge National Laboratory; OSHA, Occupational Safety and Health Association; PM, Philip Morris; RSP, respirable suspended particulate; SHS, secondhand smoke; TDS&A, Theodore D Sterling and Associates; TI, Tobacco Institute; VTS, ventilation technology systems
we propose is to identify people who we could call on to provide the solution to the problem.17

Winokur further proposed creating “an ‘industry’ of ventilation consultants which could pitch ventilation as the solution to a host of indoor air quality (IAQ) problems.”17

In the 1990s the tobacco industry began to research and invest in different kinds of ventilation systems that might be useful in reducing SHS while having little or no effect on people’s smoking behaviour.18 17 For example, PM was particularly interested in displacement ventilation.20–21 In 1990, PM provided $1 million to James Woods, a professor at the Virginia Polytechnic Institute, to compare a displacement ventilation system called filtered air control technology (FACT) with conventional ventilation systems. The FACT system involved a low velocity floor dispersion delivery method and air filtration system.24 The FACT system failed; according to an industry assessment, “the level for nicotine [in the air with the FACT system operating] would be such that smoking in the indoor environment may not be possible.”23 Despite this internal recognition of failure, in 1991 PM and its public relations firm, Burson-Marsteller, issued news releases saying “Early experience shows the FACT concept reduces airborne materials produced from tobacco smoke to one-tenth the amount in an identical room with conventional ventilation”25 and “if operated according to manufacturer’s standards, the components and concept will improve indoor air quality and can be a tool to prevent Sick Building Syndrome.”26 Neither press release mentioned nicotine or claimed that the system reduced SHS to a level where there would not be adverse health effects.

The tobacco industry had parallel strategies of identifying complaints other than SHS as creating IAQ problems as well as offering ventilation—as opposed to simply creating smoke-free environments—as the solution.

ACVA Atlantic/Healthy Buildings International

During the late 1970s and early 1980s, efforts to restrict smoking concentrated on creating designated non-smoking areas in workplaces, public places, and, to a lesser extent, restaurants.27 This situation started to change after the 1980 US Surgeon General’s first report on involuntary smoking concluded that: “The simple separation of smokers and nonsmokers within the same air space may reduce, but does not eliminate exposure of nonsmokers to [SHS]”.28 The industry response was to continue to challenge that SHS was dangerous to health, and to affirm that SHS was not a substantial contributor to IAQ problems.

In 1986, the now-extinct TI hired a small company called ACVA Atlantic (Air Conditioning & Ventilation Analysis) as a consultant.29 The organisation’s CEO, Gray Robertson, became the main spokesperson for the tobacco industry message that SHS was not the problem, rather that it was “sick” buildings.30–31 The term “sick building syndrome” was coined in the mid 1980s to describe modern, airtight office buildings created for energy efficiency that caused ill health.32 In addition to working as an expert on IAQ and sick building syndrome, Robertson participated in media tours and travelled the world spreading the industry’s message.32 34–37

To deal with the growing public awareness of SHS as an important indoor pollutant, PM’s “Indoor Air Quality: Alternative Strategy” identified the need to retain “a first-rate PR firm”.22 The TI hired public relations firm Fleishman-Hillard to work with ACVA Atlantic,34 but the link with the TI was to be hidden. Robertson expressed this need in a letter to PM vice president of corporate affairs Guy Smith:

It was with great trepidation, therefore that we negotiated with the Tobacco Institute to start this last year’s media tour. Many felt that the media would quickly identify a link between ACVA and the tobacco industry that would jeopardize my future testimony on legislative issues. However, despite massive media attention, to date no one has identified such a link, which reflects well on the tact and diplomacy of our public relations firm of Fleishman Hillard.32

Robertson and his employees conducted surveys on IAQ funded by the tobacco industry and used these studies to influence legislation and publish in what they termed “scientific or quasi-scientific” journals and professional magazines.32 They also delivered papers at conferences and Building Owners and Managers Association meetings, appeared at legislative hearings across the USA, responded to scientific articles on the problem of SHS, and offered formal comments to government agencies investigating SHS.34 36 40–44

In 1989 Robertson renamed his company Healthy Buildings International (HBI) and expanded the business both in the USA and internationally with continued financing by the tobacco industry.41 42 Offices were opened in Australia,43 Spain,44 the UK, Canada,35 and Kuala Lumpur.47 HBI also did work for British American Tobacco and PM International in several Latin American and Asian countries, as part of the industry’s worldwide environmental tobacco smoke (ETS) consultancy programmes.14 16 47–49 The international work HBI did for the industry was similar to its work in the USA: media tours, presentations at scientific meetings, and development of IAQ and sick building research to divert attention from the link between SHS and IAQ.50–54 HBI also published magazines in the USA,35 Sweden, Germany, France, Italy, Venezuela, and Belgium.35

By 1988, Robertson was also working on the tobacco industry’s ventilation “solution”. He became a fully participating member of the Business Council on Indoor Air (BCIA) for the TI.45 70 BCIA is a trade group that promotes ventilation or a building systems approach to IAQ rather than source control. Robertson was on the board of directors72 and was a member of the Legislative Affairs Work Group.4 A 1988 TI document on public smoking programmes claimed that it influenced BCIA through their consultants who were members and through close relations with its executive director, Paul Cammer. The tobacco industry hid its ties with the consultants so that the credibility of BCIA would not be questioned.42

ACVA/HBI’s financial relationship to the tobacco industry was not disclosed in its publications and consultations with businesses. In 1992, in response to a civil suit by a former HBI employee, Robertson admitted that HBI accepted hundreds of thousands of dollars in fees annually from the tobacco industry to do the work described above.33 The case was settled out of court.

Roger Jenkins and the Oak Ridge National Laboratory

Another strategy to minimise the problem of exposure to SHS was to fund studies that would not only question risk assessment methods, but would attempt to prove that levels of exposure have been exaggerated. Dr Roger Jenkins, a chemist at the Oak Ridge National Laboratory (ORNL), was instrumental in this strategy. Jenkins has a long history of working for the tobacco industry.48 Starting in the mid 1980s, Jenkins conducted “special project” research with RJ Reynolds scientists49–63 and was funded by the industry’s now-extinct Center for Indoor Air Research (CIAR) for many projects and more recently by PM’s External Research Program.64–66

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Jenkins’ “16 Cities” study, funded by the CIAR, and conducted in 1993–94, recruited subjects from 16 US cities to measure personal exposure to SHS and other air pollutants at work and at home. His conclusions were that the home appeared to be a greater source of SHS exposure than the workplace and that Occupational Safety and Health Association (OSHA) exposure estimates were much higher than exposure levels in his “16 cities” study. There were serious biases in the way that the sample was selected that led to low exposure values being reported. Nonetheless, the results of the study are widely quoted by industry allies in legislative and regulatory hearings to justify the view that smoking is not a major source of indoor air pollution.

By the late 1990s, Jenkins’ shifted focus slightly to claim that if appropriate ventilation was provided, exposure to harmful effects of SHS was negligible. He argued that displacement ventilation, the same type as the FACT system, could be a solution to SHS. In particular, he studied a system installed in the Black Dog Pub in Toronto, Canada. This system involved a one-pass displacement ventilation system that takes air from the non-smoking area to the smoking area through two open passages and windows, supplemented with air blowing in to the smoking section, and then exhausts the air outside. Jenkins et al. reported that this system could be leased for $20,000 over a five year lease. This cost does not include the increased energy costs due to the fact that the air is not recirculated. Additionally, Jenkins et al. measured SHS in the cashier station in the non-smoking sections of the pub and behind the bar at the Black Dog Pub as well as in non-smoking dining areas of three smoke-free venues. They concluded that ventilation techniques for restaurants/pubs with separate smoking and non-smoking areas are capable of achieving SHS concentrations in the non-smoking area that are “not statistically significantly different” from those of similar facilities that prohibit smoking outright. The paper did not report the respirable suspended particulate (RSP) measurements taken in the smoking area of the pub, why there was no reporting on data from the non-smoking seating area, or on workers’ exposure to SHS.

Subsequently, Repace measured the pollution levels in the smoking section of the Black Dog Pub (Repace, personal communication, 2003) and found high levels of both RSP and particulate PAH (PPAH) carcinogens. Repace found that the average RSP level was 199 ug/m³, nine times the outdoor RSP level of 22 ug/m³, and average PPAH of 152 ng/m³, 19 times the outdoor average of 8 ng/m³. The levels of RSP that Jenkins et al. reported in the non-smoking section (located at the cashier station) averaged 24, 21, and 49 mg/m³, comparable to Repace’s outdoor levels. The presentation of the results in Jenkins et al’s paper obscures the tobacco industry’s role in supporting and publicising this study. The paper reports that the study was sponsored by the Hotel Association of Canada. This association receives funding from the tobacco industry’s Courtesy of Choice programme in Canada. The paper was published in the journal Regulatory Toxicology and Pharmacology, which is financed by several corporations including RJ Reynolds.

The tobacco industry and its allies use the Black Dog Pub study as evidence that ventilation “solves” the SHS problem in hospitality venues so that creating smoke-free environments is not necessary. Both the Canadian Restaurant and Foodservices Association and the Ontario Hotel and Motel Association promoted the results of the Black Dog Pub study to convince people there is a ventilation “solution” to SHS. In addition, the study is frequently represented as being the work of the US Department of Energy, since this department also has contracts with ORNL, although Jenkins tobacco industry funded research is not endorsed by the US Department of Energy or any other government agency.

**Theodore and Elia Sterling**

Dr Theodore Sterling and his son Elia helped the tobacco industry pioneer its ventilation strategy. Theodore Sterling, a retired professor at Simon Fraser University in British Columbia, Canada, also ran Theodore D Sterling and Associates (TDS&A), a private consulting firm. Between 1973 and 1990 TDS&A received over $5 million in funding through the now extinct Council for Tobacco Research special projects, an industry programme to discredit scientific findings about the health dangers of smoking and of SHS.

In 1993 the industry decided to reorient Sterling's work from attacking the science linking SHS with disease to presenting ventilation as a way to deal with SHS. In 1994, the industry law firm Shook, Hardy & Bacon evaluated the umbrella grant that TDS&A had with PM since 1973 and concluded that a new strategic direction was needed to counter growing awareness that SHS exposure was widespread. The lawyers suggested that Sterling focus on IAQ, building science and SHS research issues. The Sterlings had published earlier on issues related to sick building syndrome and ventilation when focusing on the problem, so rephrasing the solution fit within their work. One of the projects funded providing scientific support to the 3M Corporation who believed they had the technology to provide a cost effective filter to remove SHS. This project also proposed looking at whether restaurant and bar workers had elevated risks for cancer or other diseases. While the authors could not determine if this project was implemented and published, in 1998 Elia Sterling and Wilfred Rosenbaum released a report arguing that the ventilation systems being proposed in the Hospitality Industry of British Columbia’s “Indoor Air Quality Ventilation Plan” would lead to acceptable levels of lung cancer in hospitality workers even though it accepted very high levels of RSP (as much as 300 pg/m³). Sterling also cited his more than 100 articles as evidence against the implementation of the British Columbia Workers’ Compensation Board regulations to stop smoking in all workplaces.

Elia Sterling has played an important role for the tobacco industry in trying to influence the development of the American Society of Heating, Refrigeration, and Air Conditioning Engineer’s (ASHRAE) standard 62, ventilation for acceptable indoor air quality, in a way that would codify the industry’s position that ventilation was an appropriate strategy for dealing with SHS. Despite tobacco industry efforts, the current standard 62-1999 specifies ventilation standards assuming no smoking. (Due to a drafting error, it did not apply to casinos, bars, and cocktail lounges. As of October, 2003, an amendment had been proposed to close this loophole but it had not yet been incorporated into the standard.) Since ASHRAE is an international association, its decision may reach other regions of the world besides North America. In fact, there is evidence of the industry attempting to use the ASHRAE standard 62 in Latin America as well as the tobacco industry’s earlier efforts to influence the development of international IAQ standards at the International Organization for Standardization.

**George Benda and the Chelsea Group**

By the 1990s, the evidence demonstrating the dangers of SHS had accumulated to the point that even the tobacco industry recognised that simply opposing any restrictions on smoking
was such an extreme position that it would have no credibility." PM readjusted its ultimate objective to "ensure reasonable accommodation of smokers to protect long-term viability of PM." The end result was the creation of several programmes, directly or indirectly funded by the tobacco industry, meant to accommodate smokers, mainly in hospitality venues, such as the PM USA "Accommodation Program" and "atmospherePLUS". 6,10

Further, the tobacco industry started to develop more programmes and alliances focusing on ventilation as a solution to "accommodate" both smokers and non-smokers. For example, in November 2002, PM's Options website presented it as "a program designed to help business owners that accommodate smoking find effective, practical ways to reduce secondhand smoke and create a more comfortable environment for customers and employees." 90 Through these programmes the tobacco industry recognised that some people were "bothered" by SHS and accepted non-smoking and smoking sections in order to guarantee that smoking would still be permitted at least part of the venue. In 2003, PM closed the Options website, but continued to promote good ventilation systems that would purportedly prevent the smoke from penetrating the non-smoking section (while continuing to be careful to avoid claiming that ventilation would address the health dangers of secondhand smoke). 68

One example of the many ways the tobacco industry presented ventilation as an alternative to smoke-free policies is the relationship between PM and the Chelsea Group. In 1993, PM hired the Chelsea Group's CEO George Benda to recommend methods for accommodating both smokers and non-smokers as part of its Accommodation Program in the USA 100 and to promote "engineering options" in an effort to show that ventilation is a cost effective option that companies should pursue for economic benefit. 101 102 Since then, the Chelsea Group has taken a leading role in spreading the industry's message directly to the hospitality industry. For example, the Chelsea Group runs the NV environment Hospitality Industry Program, which provides consulting services and materials for hospitality organizations that "do not want to ban smoking". A toll-free NV environment Hotline was provided on the PM Options website. 101 Benda and the Chelsea Group frequently comment in professional standard setting and regulatory hearings when smoke-free measures are being considered. 6 101 103 They also appear at hospitality industry conventions and trade shows and provide "expert" testimony to oppose smoke-free ordinances in many US cities. For example, Benda promoted ventilation solutions in Honolulu, Hawaii, Mesa City Arizona, and Anchorage Alaska. 100 104 105

1999 and beyond
A 1999 PM memo on the ETS/VTS (ventilation technology systems) planning process by a PM engineer working on IAQ issues suggested plans for ETS/VTS for 1999 and beyond, which essentially continued the past strategies: "Also, my discussions with her [Cathy Ellis, a senior PM scientist] indicate her desire for us to develop partnerships with academic institutions for research. The scope of our research efforts encompass both ventilation technology and exposure measurement but does not extend into health related issues. [emphasis added]" 6 104 105

In a 1999 proposal to Ellis the PM engineer proposed the formation of what would appear to be a post-CIAR organisation called the "Corporation to Support Indoor Air Research" that would be funded entirely by PM for approximately $6 million per year to focus on research on IAQ and ETS, including ventilation technology. 100 They would then "communicate these findings to scientists, regulators and science and engineering advisory boards" 108 and would give "regulators greater flexibility to deal with indoor air issues." 109 The documents do not indicate whether this proposal was implemented.

Despite these efforts, PM recognised that it had made little progress through its ventilation strategy in the USA. Its 1999 National Ventilation Program Execution Plan 109 concluded the heating ventilation and air conditioning (HVAC) industry still did not consider accommodation a business opportunity. PM considered this situation a supply/demand "disconnect" that needed a facilitator to bring the HVAC and hospitality industries together. PM was still seeking a way to "educate" HVAC providers on ventilation design applications specific to accommodation of smoking. PM still wanted to make accommodation a "marketable product and a niche business opportunity for the HVAC industry" that would support national and state hospitality programs. 109

DISCUSSION
The tobacco industry has developed a complex and dynamic ventilation strategy, but several elements have remained constant. As elsewhere, 7-14 the industry uses "experts" to create science and to act as messengers to different audiences. In the USA, in addition to its network of consultants, the tobacco industry's ventilation strategy has used third party allies to lead public opposition to smoke-free policies, dismiss the risks of exposure to SHS, promote ventilation "solutions" to SHS, and lobby for a separate ventilation standards for the hospitality industry. These allies include the National Energy Management Institute, 6 95 100-102 the Sheet Metal Workers Union, 6 95 and the Hospitality Coalition for Indoor Air. 113-115

In 1988, one PM ETS strategy document explained that: "The fundamental reasoning behind the IAQ plan was to push this technology in the hope that a self-sustaining commercial niche could be created. The burden of pushing the 'IAQ' issue would then fall to the companies involved, who would have a commercial reason for doing so." 110 According to this document, this goal had not yet been achieved, making it a problem that needed immediate attention. Some solutions were "to subsidize the creation of ACVA licensees" 105 and identify and support other potential ventilation companies "(with technical and marketing expertise) until they can stand alone." 110 The 1988 PM ventilation strategy 110 and the 1999 PM ventilation plan 109 clearly demonstrate that despite PM's efforts, it did not succeed, for the most part, in convincing the HVAC business that the tobacco industry's interests are best served by pushing this technology in the hope that a self-sustaining commercial niche will be created.

In some instances, the industry paid for ventilation systems in establishments so that they could serve as models for other venues. 117 118 and a 1988 PM paper on IAQ programmes revealed that, at least at that time, PM provided "grants to some organizations for purchase of ventilation equipment." 119

The tobacco industry has yet to admit the extensive harmful effects of exposure to SHS. Furthermore, neither the ventilation consultants nor the tobacco industry make statements that ventilation systems control the health dangers of SHS. Therefore, the industry and its consultants also do not recognise that the levels of ventilation required to control the health risks of SHS are economically unfeasible. 120 121 Notes from a 1999 PM Options seminar explicitly stated: "The content presented in this workshop does not purport to address health effects attributed to smoking." 102 PM adds this disclaimer to their recommendations promoting ventilation. 102 The industry is careful to limit their claims to ones that no smoke leaks from smoking to non-smoking sections, that air cleaners minimise visible smoke and odour, and that customers are satisfied. 122 Indeed, the tobacco industry focuses their strategy on customer perception...
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As with its efforts to discredit the scientific evidence that secondhand smoke was dangerous, the industry developed a network of ventilation “experts” to promote its position that smoke-free environments were not necessary, often without disclosing the financial relationship between these experts and the industry. This paper describes how this network was developed and evolved over time. Despite considerable investment of resources, this strategy has had limited success in the USA, probably because, in the end, it is simpler, cheaper, and healthier to end smoking. The tobacco industry, however, has continued to use the strategy in other parts of the world with more success.

because industry research indicates that if people cannot see or smell the smoke, they feel they are not exposed to a contaminant. The industry continues to press ventilation standard setting bodies (such as ASHRAE) for an odour—not a health—standard.125

The scope of this paper only allowed for the authors to touch on the activities of five prominent industry ventilation “experts” in North America, but there is documentary evidence that others exist around the world. PM’s 1998 Worldwide Accommodation Plan118 clearly outlines the company’s continuation of its ventilation strategy. HBL, headquartered in Sydney Australia, still works for the tobacco industry,119 programmes such as “Courtesy of Choice” and “Living in Harmony” and Traditional Hospitality120,121,122 indicate that ventilation is continuing, if not growing, as an industry strategy to oppose clean indoor air measures.

While the ventilation strategy has had limited success in North America, the tobacco industry has been more successful with it in other parts of the world. For example, in the UK the government has worked with the tobacco industry’s allies in the hospitality industry to promote a “Public Places Charter” that does not address health effects of exposure to SHS and merely requires posting a sign indicating whether smoking is unrestricted, permitted in specially ventilated areas, or smoke-free. The Charter also requires that establishments develop a written policy on smoking to be available for customers and staff. Ventilation is presented as the key element to comply with the Charter’s requirements.123

The Public Places Charter, adopted as official government policy, was implemented in 1999 and remained official government policy in the UK as of late 2003, despite low compliance.124 The UK National Health Service was actively promoting the Public Places Charter until mid-2003,125 when it removed the promotional material from its brochures on passive smoking.126

The tobacco industry has a long history of sponsoring—often through third parties or front groups—studies which disclosure the financial relationship between these experts and the industry. This paper describes how this network was developed and evolved over time. Despite considerable investment of resources, this strategy has had limited success in the USA, probably because, in the end, it is simpler, cheaper, and healthier to end smoking. The tobacco industry, however, has continued to use the strategy in other parts of the world with more success.

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``My office makes me sick''.


Smoke screen.

Smoke screen.

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